

# HEARTS TAKE FLIGHT



*Pull-a-Plane Challenge*

[www.heartstakeflight.org](http://www.heartstakeflight.org)

**Saturday, April 14, 2018**

**9:00 am**

Your Team of 5 people will attempt to tug a plane across the tarmac at Hollingshead Aviation 300 Doug Warpoole Rd, Smyrna



PRIZES AWARDED FOR THE:  
FASTEST PULL  
SLOWEST PULL  
MOST ENTHUSIASTIC TEAM  
TEAM THAT RAISES THE MOST MONEY

To Benefit:



**The Arc**

Tennessee

*Achieve with us.*

## A FUN-PACKED DAY FOR THE ENTIRE FAMILY

Free Parking  Free Admission for Spectators  Kid's Zone

Emergency Service Vehicles to Tour  Exhibitors

Games  Doorprizes  Food Vendors  Plenty of Fun!

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## *Pull-a-Plane Challenge*

### **TEAM ORGANIZER INFORMATION**

Once you have decided to participate, complete the team registration form and return it as soon as possible to The Arc Tennessee as directed below.

**NOTE:** Participants under 18 must have a waiver signed by a parent or guardian giving permission to take part in this event.

-  Organize your team. Recruit 5 pullers. If you are unable to gather 5 pullers, we have individuals to help fill your team. Just let us know how many vacancies you have.
-  Submit completed team roster no later than **April 2, 2018**. Be sure T-shirt size is indicated for each participant. Registration is open through the day of the event but to guarantee T-shirts we need registrations no later than April 2nd.
-  Issue a challenge to teammates to see who can raise the greatest amount from friends and family to support the work of The Arc Tennessee. Perhaps determine prizes for the most successful fund-raisers. Individual fundraisers are requested to set up a page on the First Giving Hearts Take Flight site: <http://www.firstgiving.com/arc-tn/hearts-take-flight-pull-a-plane-challenge-2018>
-  Prizes will be awarded to the **individual** and the **team** that raises the most money!
-  Make copies and have each team member/puller sign a release form. No one is allowed to com-pete without it.
-  **GO TEAM** (insert your team name here)! Motivate team members. Hold a rally. Offer incentives. Generate enthusiasm!
-  Encourage non-pullers to support the team by donating and attending. Remember this is a family event, free for spectators. Be sure to bring your cheerleaders!
-  Questions? Contact: Nicole Ramsey O: 615-248-5878 ext 12 C: 615-974-6546

Scan & email, fax or mail to:

**The Arc Tennessee**  
**Attn: Nicole Ramsey**  
**545 Mainstream Dr. #100**  
**Nashville, TN 37228**

E-mail: [nramsey@thearc-tn.org](mailto:nramsey@thearc-tn.org)  
Fax: 615-248-5879

Additional materials will be provided upon registration. But here's some information to share with your team:

- The pull schedule (with your window of pull time) will be sent to you before the event. Please be sure all participants know when and where to report. There will be food and drinks available for a nominal charge.
- Address of pull/airport: 300 Doug Warpoole Road, Smyrna 37167. Plan to have your team on site at 9 am and assembled within your window of pull time. Prizes awarded at 12 noon.
- Everyone must check in at Team Registration. Be sure to bring any release forms not previously submitted. *No one is allowed to pull the plane without a signed release.* No exceptions.
- Everyone pulling must wear closed-toe shoes. Gloves will be provided.
- PULL... PULL... PULL... and be sure to SMILE for the cameras!

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**The Arc.**

*Tennessee*



The Arc Tennessee advocates for the rights and full participation of all people with intellectual and/or developmental disabilities.



We support, empower, connect and inform individuals and families, influence public policy, increase public awareness and inspire inclusive communities.



[www.thearctn.org](http://www.thearctn.org)



***Thank you for your support!***



# HEARTS TAKE FLIGHT



*Pull-a-Plane Challenge*

## TEAM REGISTRATION

Thank you for organizing a team for the  
Hearts Take Flight ✈️ Pull-a-Plane Challenge

TEAM NAME \_\_\_\_\_

Team "Type" - Choose One:  Company  Club/Organization  School  Friends/ Family

Other—please specify \_\_\_\_\_

Representing / Company Name ( If applicable) \_\_\_\_\_

Team Captain Name \_\_\_\_\_

Team Captain Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Team Captain Phone \_\_\_\_\_ Cell \_\_\_\_\_

Team Captain E-mail \_\_\_\_\_

**Team Participation Fee: \$250 (minimum, \$50 per person, 5 persons to a team required)**

Payment:  Invoice Company  Invoice me

Payment enclosed. Make checks payable to: *The Arc Tennessee.*

Credit Card # \_\_\_\_\_ Exp Date \_\_\_\_\_

Name on Credit card \_\_\_\_\_

Billing Address on Card \_\_\_\_\_

Teammates will be raising money. Register at:

<http://www.firstgiving.com/arc-tn/hearts-take-flight-pull-a-plane-challenge-2018>

**Please complete the TEAM REGISTRATION FORM and submit forms to:**

The Arc Tennessee  
Attn: Nicole Ramsey  
545 Mainstream Dr. Suite 100  
Nashville, Tennessee 37228

E-mail: [nramsey@thearc-tn.org](mailto:nramsey@thearc-tn.org)  
Fax: (615) 248-5879  
Phone: (615) 248-5878 ext 12

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## TEAM PARTICIPANTS

TEAM NAME \_\_\_\_\_

Team Captain Name \_\_\_\_\_ Phone # \_\_\_\_\_

Team Captain Email \_\_\_\_\_

Participants under 18 must have parental/guardian approval.

Deadline for submission of team roster is April 2, 2018. Registration is open through the day of the event but to guarantee T-shirts we need registrations no later than April 2.

	First Name, Last Name	Email Address	Date of Birth	T Shirt Size (Circle One)	Under Age 18?
1.			/ /	S M L XL 2XL 3XL	
2.			/ /	S M L XL 2XL 3XL	
3.			/ /	S M L XL 2XL 3XL	
4.			/ /	S M L XL 2XL 3XL	
5.			/ /	S M L XL 2XL 3XL	
ALT			/ /	S M L XL 2XL 3XL	
ALT			/ /	S M L XL 2XL 3XL	

*Special thanks to:*





ONE COPY PER PARTICIPANT PLEASE

Participant's Team (or Captain) Name: \_\_\_\_\_

Participant's Name:  
 Last \_\_\_\_\_ First \_\_\_\_\_

**THE ARC TENNESSEE, SMYRNA/RUTHERFORD COUNTY AIRPORT, HOLLINGSHEAD AVAIATION WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

In consideration of participating in The Arc Tennessee Hearts Take Flight *Pull-a-Plane Challenge*, I represent that I understand the nature of the aircraft pulling events and that I am qualified, in good health, and in proper physical condition to participate in such an activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity.

I fully understand that aircraft pulling events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own or others actions, or inactions, or those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.

I hereby release and discharge The Arc Tennessee, Smyrna/Rutherford County Airport or Hollingshead Aviation, its parent and affiliated companies, and their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, (each considered one of the "RELEASEES" herein) from liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, and understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

*Participation in this event constitutes permission to use photos and videos of you in future promotional materials.*

I am OVER the age of 18.     I am UNDER the age of 18.\*    Date: \_\_\_\_\_

\_\_\_\_\_  
 PRINTED name of participant

\_\_\_\_\_  
 SIGNATURE of Participant

\_\_\_\_\_  
 Phone Number - DAY OF EVENT

\_\_\_\_\_  
 Other Phone Number

\_\_\_\_\_  
 Email

\_\_\_\_\_  
 Mailing Address

\_\_\_\_\_  
 City

\_\_\_\_\_  
 State

\_\_\_\_\_  
 Zip

~~~~~  
 \* FOR THOSE UNDER 18 YEARS OF AGE: Printed name of parent/legal guardian and signature of parent/legal guardian

\_\_\_\_\_  
 PRINTED name of parent

\_\_\_\_\_  
 SIGNATURE of Parent